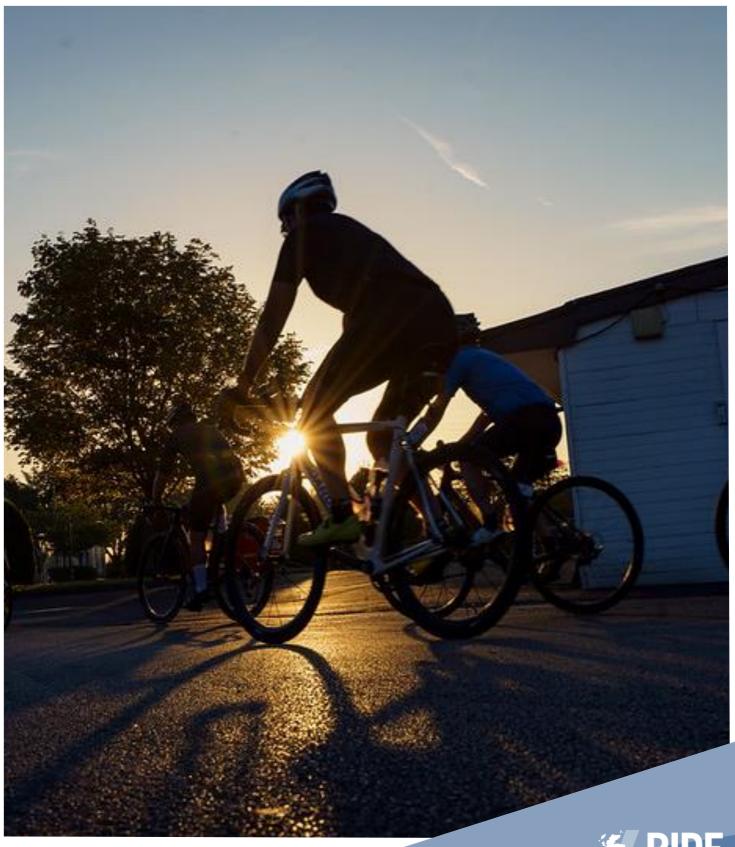
RIDE ACROSS BRITAIN 2022

BIKE & RIDER TRANSPORT GUIDE: INTERNATIONAL RIDERS



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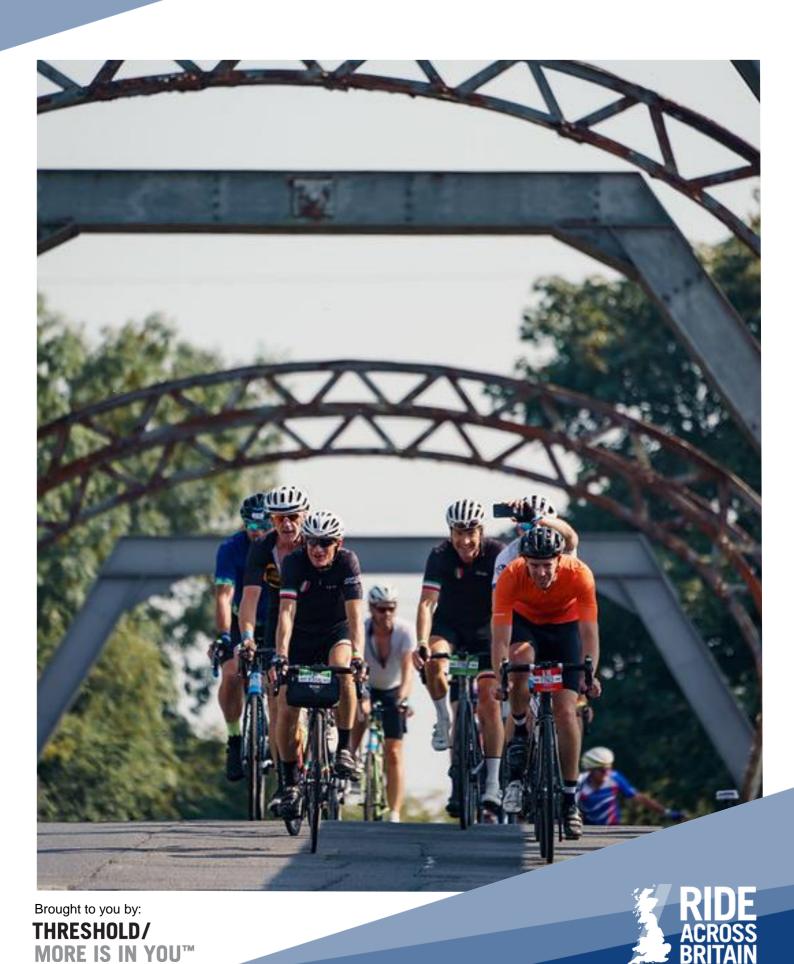
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GETTING TO / FROM THE RIDE



GETTING TO/FROM THE RIDE GETTING TO LAND'S END

GETTING TO LAND'S END

If you're flying into the UK, please see the below for the easiest ways to get to the Event.

HEATHROW AIRPORT

Approx. 300 miles to Land's End

Underground / car

- Underground or Taxi to London Hammersmith Novotel Hotel
- The hotel is a 3 min walk from Hammersmith Underground Station (see here for taking bikes on the Underground)
- Book EBE transport from Hammersmith Novotel Hotel

Rail

- Heathrow Terminal 2/3 (Rail Station) to London Paddington
- London Paddington to Penzance Train Station
- Book EBE Transport from Penzance Train Station
- See website <u>here</u> to book trains and for more information on booking your bike onto the train click <u>here</u>

GATWICK AIRPORT

Approx. 300 miles to Land's End

Rail

- Gatwick Express to Victoria
- Taxi to London Hammersmith Novotel Hotel
- Book EBE transport from London

- Hammersmith Novotel Hotel
- See website <u>here</u> to book trains and for more information on booking your bike onto the train click <u>here</u>.

BRISTOL AIRPORT

Approx. 190 miles to Land's End

Coach

- Bristol Airport Terminal to Bristol Temple Meads Railway Station via public bus
- Book EBE transport from opposite Bristol Temple Meads Railway Station

For all other airports please contact EBE by email & they will be happy to help.



GETTING TO / FROM THE RIDE GETTING FROM JOHN O'GROATS

GETTING FROM JOHN O'GROATS

If you're flying out of the UK, please see the below for the easiest ways to get from the Ride:

INVERNESS AIRPORT

- Approx.125 miles from John O'Groats
- EBE transport from John O'Groats to Inverness
- Taxi to Inverness Airport

EDINBURGH AIRPORT

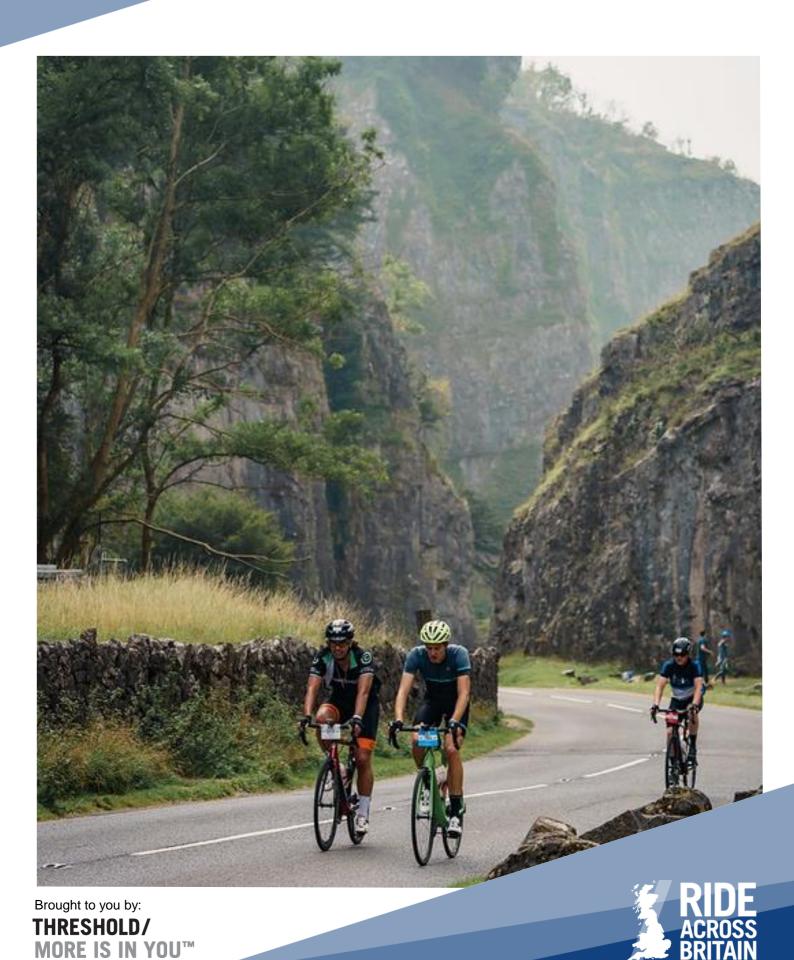
- Approx. 270 miles from John O'Groats
- EBE transport from John O'Groats to Inverness
- Train from Inverness to Edinburgh Gateway
- Taxi to Edinburgh Airport

LONDON KINGS CROSS

- Approx. 680 miles from John O'Groats
- EBE transport to London Kings Cross



RIDER TRANSPORT



RIDER TRANSPORT KEY INFORMATION

SERVICE

Take the stress out of getting yourself and your luggage to and from the Ride with EBE's coach services.

EBE can also offer international riders the option to have bikes taken on the coach with you.

BOOK:

- Visit EBE's website <u>here</u> to book.
- Bookings will close 8th August 2022.

CANCELLATIONS

- The refund policy will be applied from when written notification is received by EBE prior to the start of the Ride.
- Please note, name changes are not permitted.
- Refund policy applies as below*:

NOTICE PERIOD	REFUND AMOUNT
150-365 days	75% of total amount
120-149 days	50% of total amount
80-119 days	25% of total amount
0-79 days	NIL

*If RAB 2022 Is cancelled then all monies will be refunded (less card charges).

COST

- Riders & bikes: Please see individual journey prices on timetable, prices are split to show the rider (including luggage) cost and bike cost
- Bike bag or Bike box: £36
 (Bike Box / Bike Bag Carriage Cos from Land's End to John O'Groats)



RIDER TRANSPORT TO LAND'S END TIMETABLE

TO LAND'S END: 8TH SEPTEMBER (VIA BRISTOL OVERNIGHT)

FROM	DEPARTURE: 8TH SEPT	ARRIVAL: 9TH SEPT	RIDER FARE	BIKE CARRIAGE
Leeds, Skelton Lake Services	12:45	13:55	£99	£49.50
Sheffield, Woodall Services (Southbound)	13:30	13:55	£96	£48
Nottingham, Trowell Services (Southbound)	14:30	13:55	£92	£46
Birmingham, Hopwood Park Services	16:30	13:55	£88	£44

The 'Bike Carriage' column shows the cost to transport your bike on the coach with you. This cost is in addition to the cost of Rider Transport listed in the 'Rider Fare' column. Please note that from LE to JOG there will be an additional charge of £36 to transport Bike Bags or Boxes, to book click **HERE**.

Please also note that the above transfers do not include the overnight hotel. The coach will be stopping overnight at Gordano Services on M5 J19 at Bristol where there is a Ramada Bristol West.



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RIDER TRANSPORT TO LAND'S END TIMETABLE

TO LAND'S END: 9TH SEPTEMBER

FROM	DEPARTURE: 9 TH SEPT	ARRIVAL: 9 TH SEPT	RIDER FARE	BIKE CARRIAGE
Bristol (Opposite Temple Meads Train Station)	07:15	13:55	£70	£35
Bristol Gordano Services	08:00	13:55	£70	£35
London (Novotel Hotel), 1 Shortlands, Hammersmith	08:00	15:30	£76	£38
Taunton, Taunton Deane Services (Southbound)	08:50	13:55	£63	£31.50
Reading Services (Westbound)	09:10	15:30	£73	£36.50
Newbury, Chieveley Services	09:40	15:30	£73	£36.50
Exeter Airport	10:10	13:55	£55	£27.50
Newquay Airport	12:30	14:10	£43	£21.50
Exeter Services	12:40	15:30	£55	£27.50
Penzance Train Station	15:30	15:55	£16	£8.00
Newquay Airport	16:40	18:00	£43	£21.50

The 'Bike Carriage' column shows the cost to transport your bike on the coach with you. This cost is in **addition** to the cost of Rider Transport listed in the 'Rider Fare' column. Please note that from LE to JOG there will be an additional charge of £36 to transport Bike Bags or Boxes, to book click <u>HERE</u>.



FAMILY & FRIENDS SERVICE

TO JOHN O'GROATS: 18TH SEPTEMBER

FROM	DEPARTURE: 18 TH SEPT	ARRIVAL: 18 TH SEPT	FARE
Inverness IHG Hotel*	08:00	11:00	£54

^{*}This service is for family and friends to travel to the finish line. To book please click HERE.



RIDER TRANSPORT

FROM JOHN O'GROATS TIMETABLE

FROM JOHN O'GROATS: 18TH SEPTEMBER

то	DEPARTURE : 18 TH SEPT	ARRIVAL: 18 TH SEPT	RIDER FARE	BIKE CARRIAGE
Inverness Train Station / Inverness IHG Hotel**	16:20	19:20/19:35	£54	£27
Inverness Train Station / Inverness IHG Hotel**	18:25	21:25/21:40	£54	£27

The 'Bike Carriage' column shows the cost to transport your bike on the coach with you. This cost is in **addition** to the cost of Rider Transport listed in the 'Rider Fare' column. Please note that from LE to JOG there will be an additional charge of £36 to transport Bike Bags or Boxes, to book click **HERE**.



^{**}The above transfers do not include overnight hotel accommodation at Inverness IHG Hotel. Accommodation should be booked directly with the hotel. Please see information on the RAB Rider Platform.

FROM INVERNESS TIMETABLE

FROM INVERNESS IHG HOTEL: 19TH SEPTEMBER

ТО	DEPARTURE: 19 TH SEPT	ARRIVAL: 19 TH SEPT	RIDER FARE	BIKE CARRIAGE
Leeds, (Skelton Lake Services)	08:45	18:30	£79.00	£39.50
Sheffield, (Woodall Services – Southbound)	08:45	19:30	£83.00	£41.50
Nottingham (Trowell Services – Southbound)	08:45	20:00	£85.00	£42.50
Leicester, (Leicester Forest Services – Southbound)	08:45	20:30	£88.00	£44
Milton Keynes, (Newport Pagnell Services Southbound)	08:45	21:30	£95.00	£47.50
London Edgware, (London Gateway Services)	08:45	22:20	£102.00	£51
Central London, (King's Cross)	08:45	22:45	£102.00	£51

The 'Bike Carriage' column shows the cost to transport your bike on the coach with you. This cost is in **addition** to the cost of Rider Transport listed in the 'Rider Fare' column. Please note that from LE to JOG there will be an additional charge of £36 to transport Bike Bags or Boxes, to book click <u>HERE</u>.



RIDER TRANSPORT FAQS

GENERAL

Who should I contact if I am running late?

The vehicles run to a schedule and need to leave at the allotted times. However, if you cannot make the arranged times contact the European Bike Express office on +44 (0) 1430 422111 Monday – Friday between 10:00-16:00 or 07922 698025 outside of these hours.

How will I recognise which coach is the RAB coach?

It will have the RAB logo in the front windscreen.

Will the coach drop us at the RAB base camp in Land's End?

Yes.

Where will the coach be located at the Hubs?

- Inverness, IHG Hotel Car Park, Inverness
- London Hammersmith Novotel Hotel: Hotel Coach Park
- Bristol: opposite Temple Meads Train Station, the coach will be found opposite the Station (outside the Sidings) BS1 6PL
- Exeter Airport: the coach will be found as you exit the terminal on the forecourt
- Newquay Airport: the coach will be found as you exit the terminal on the forecourt
- Penzance: the coach will be found at the end of the main Bus Terminal, next to the railway station
- For all Service Stations it will be the Coach Park

What happens if I am late for the service I have booked?

International Riders travelling with bikes can only travel on the departures as stated in the timetable.

Will there be any refreshments served/available?

For all transfers only journey times of more than 3.5 hours will there be a 45-minute refreshment break. Refreshments will not be available on board, but you're welcome to bring your own snacks. No alcohol will be permitted.

Will there be a DVD shown during the journey?

DVDs will be shown on all journeys, except for Wick and Penzance transfers.

Where will the coach leave from John O'Groats?

The coach will depart from the RAB finish at John O'Groats. The exact departure point will be clearly signposted.



RIDER TRANSPORT FAQS

BIKES & LUGGAGE

Can I take my bike on the coach?

Yes, international riders can bring their bikes on certain services as per the timetables displayed on pages 8-9 & 11-12.

There is a cost to do so, as per the timetable on these pages.

Does the price include luggage?

Yes, the per person price includes luggage.

How much luggage can I take on the coach?

- Classic package: ONE item of luggage, 90L bag, max weight of 16kg per person
- Plus package: TWO items of luggage, 90L bag & 5kg hand luggage, max weight of 21kg per person.
- Luggage will be refused if in excess of this unless you have purchased Extra Weight.
 Please see page 13 for more information on Extra Weight.

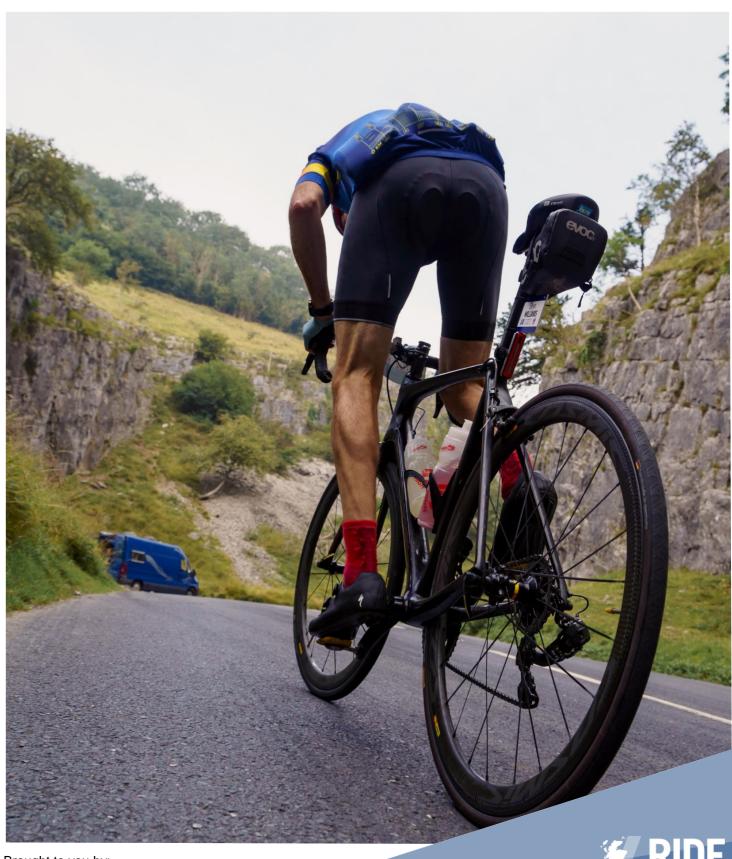
FRIENDS & FAMILY

Can my friend/family member also book a seat on the coach?

- Yes. Available to all if travelling from Inverness to John O'Groats on the morning of Sunday 18th September.
- If you wish to return with a family member/friend on the same coach, please book your seat at the same time to guarantee travelling together.



EXTRA WEIGHT



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EXTRAWEIGHT KEY INFORMATION

SERVICE

If you wish to squeeze in a few more luxuries, you can purchase up to an extra 10kg in weight.

Extra weight is for the daily transfers during the event.

COST

Please see costs below for the Classic and Plus packages.

BOOKING INFORMATION

- Visit EBE's website here to book.
- Bookings will close 8th August 2022.

CLASSIC PACKAGE

Included in your package is **ONE** 90L piece of luggage, which must not exceed 16kg in weight. Please see below for prices and maximum bag sizes and weight.

Our recommendation:

- Your camping mat and sleeping bag **must** fit inside your luggage and cannot be attached to the outside.
- If you are using EBE transport, you will not be able to load your mat and sleeping bag onto the coach with your luggage. If they do not fit inside your luggage, you must take them onto the coach with you.

CLASSIC PACKAGE						
Total weight of	Main Iu	ıggage	Hand luggage	Cost		
luggage	Weight	Size	Weight	Cost		
16kg	16kg	901	-	Included		
21kg	21kg*	1201	-	£25		
26kg	21kg*	1201	5kg	£50		

*The 120L bag must not exceed 21kg, therefore your hand luggage will need to accommodate the extra weight.



EXTRAWEIGHT KEY INFORMATION

PLUS PACKAGE

Included in your package is ONE 90L piece of luggage, which must not exceed 16kg in weight and ONE 5kg day bag. Please see below for prices and maximum bag sizes and weight.

BOOKING INFORMATION

- Visit EBE's website <u>here</u> to book.
- Bookings will close 8th August 2022.

Our recommendation:

- Bring a waterproof bag.
- Your sleeping bag must fit inside your luggage and cannot be attached to the outside.
- If you are using EBE transport, you will not be able to load your sleeping bag onto the coach with your luggage. If it does not fit inside your luggage, you must take it onto the coach with you.

PLUS PACKAGE					
Total weight of	Main Iu	ıggage	Hand luggage*	Coot	
luggage	Weight	Size	Weight	Cost	
21kg	16kg	901	5kg	Included	
26kg	21kg*	1201	5kg	£25	
31kg	21kg*	1201	10kg	£50	

*The 120L bag must not exceed 21kg, therefore your hand luggage will need to accommodate the extra weight.



ANY MORE QUESTIONS? GET IN TOUCH

FOR MORE INFORMATION PLEASE CONTACT EBE DIRECTLY ON:

Tel: 01430 422111 between 10:00-16:00,

Monday to Friday

Email: info@bike-express.co.uk

Booking website: Here

Join the Community

Make sure to also join us on the Ride Across Britain Facebook Forum to meet other participants and swap advice and training tips.

Follow us on social media

Follow us on our social media channels to see the latest tips from Ride Across Britain ambassadors, hear inspirational stories and get the latest news ahead of your event.

- Facebook
- Instagram

